The System of Children in Families in Bulgaria

XII

5

Map launch November 2023



Meet your facilitators



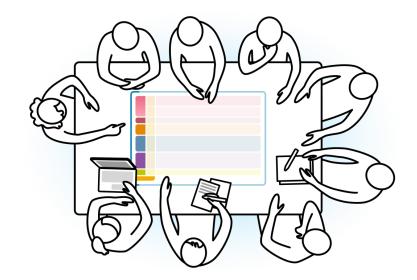
Objectives for our time together today...

PART 1

Get familiar with each other, the project and the map

PART 2

Talk about how to use the map, individually and with others





Plan overview

Training - Module 3

- Collaboration and system mapping
- Self + others, what is
- Diagnostic, shared understanding

Training - Module 4

- Facilitating system
 change
- Self + others, what could be
- Shared vision and igniting change

Launch

NEXIAL

Training - Module 2

- System thinking
- About the 'self'
- Diversity and agency

Meeting each other (5 minutes)

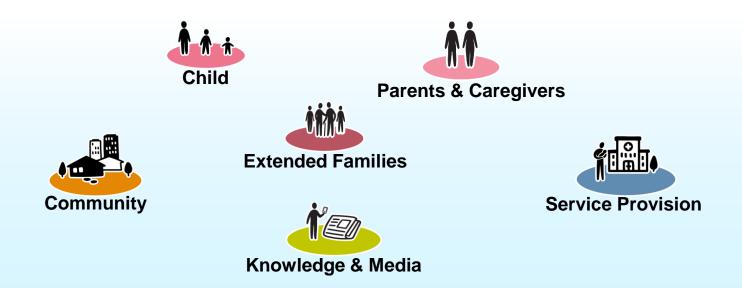
In your breakout room, please share:

- What's your name?
- What are some of the different 'roles' you have in your life?
- Why are you interested in this program?
- 1 intention for today's session





Who is in the room?





Why this work is important

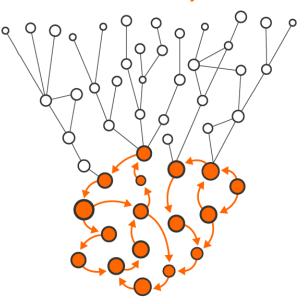


Today's issues cannot be addressed with a single silver bullet...

The Myth

All issues come from one individual root cause

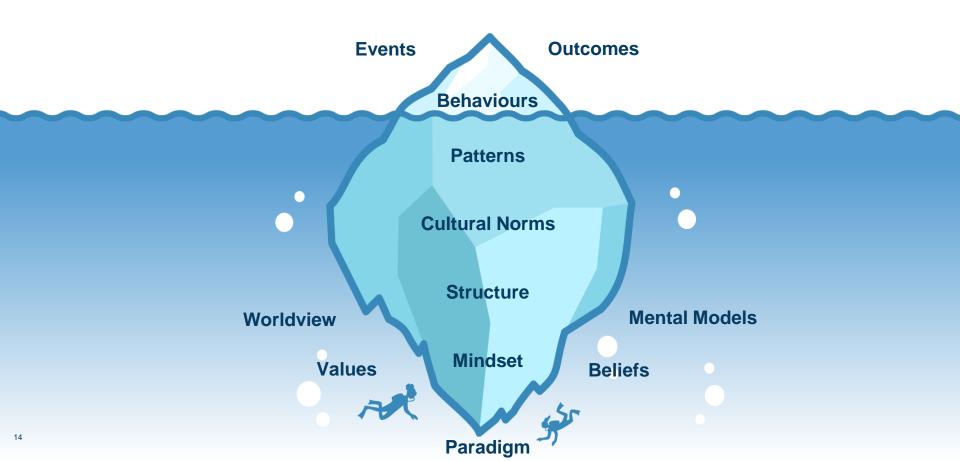
The Reality



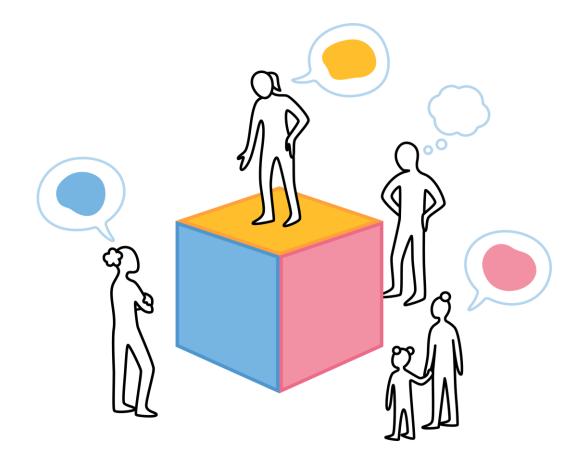
Issues are complex and interconnected



... they often go much deeper than we imagine...

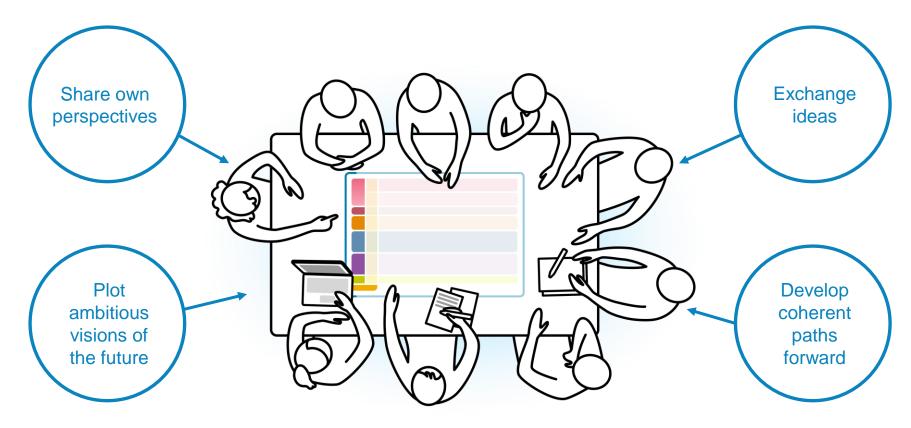


... and need different perspectives and experiences to be understood



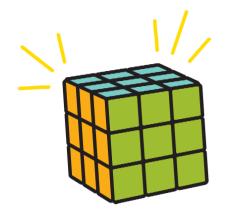


Systems mapping is both a process and a tool for effective collaboration...





... and should be used as a living tool







A system is never 'done'

Spaghetti is only good as food

1 size does not fit all

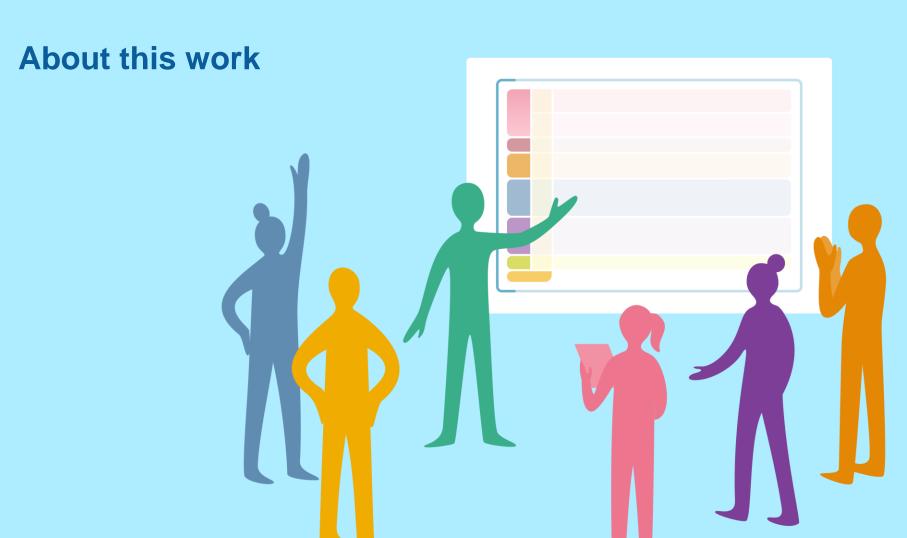


We saw that changing mindsets is a profound way to ignite change.

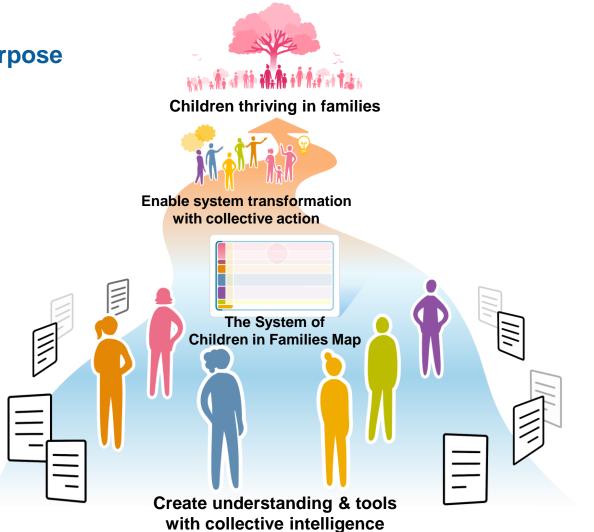
What is **one mindset** you would like to change, so we can keep more children with families?

- 1. Sense of urgency for change
- 2. Prevention over intervention
- 3. Diversity and inclusion
- 4. Trust/belief in families' and parents' capacity to thrive





Our shared purpose



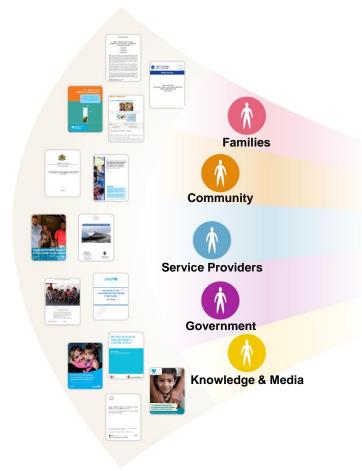


We reviewed key literature shared by experts...





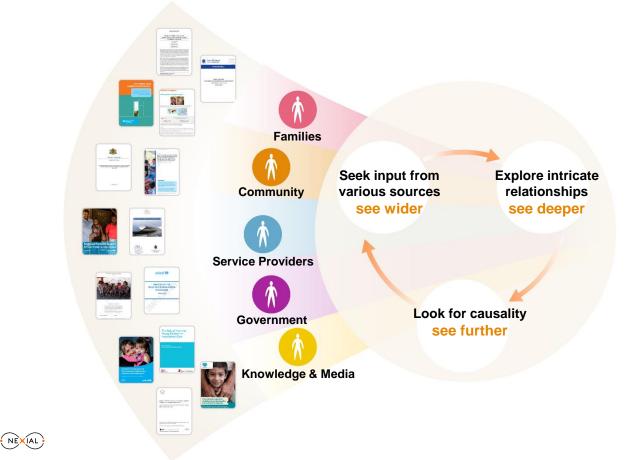
...and spoke with a range of stakeholders across the system...



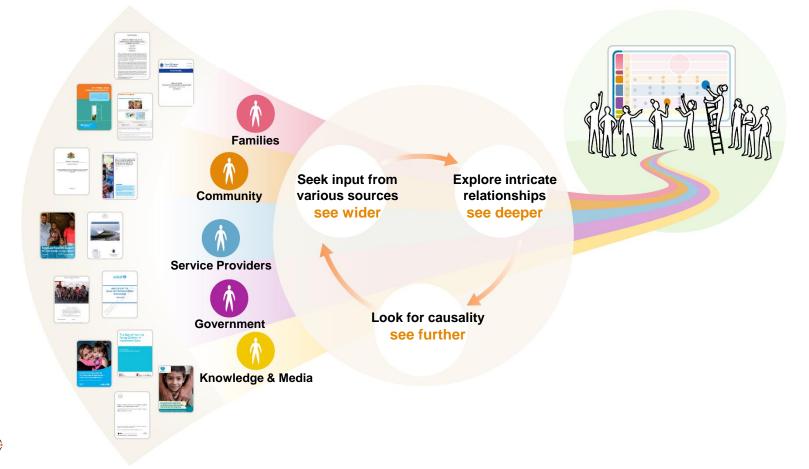


...to inform our deep systemic analysis...

23

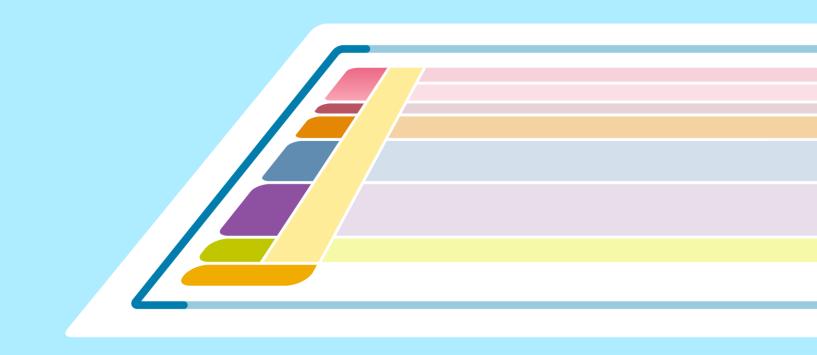


...to visualise the system!



24 NEXIAL

What is in the map?



The System of Children in Families

Introduction

Why this Project?

- 📽 Watch: Map Intro 3'30
- 📽 Watch: Platform Quick Tour

Explore the System

- C The Base Map
- Map Intro
- The Journey for Prevention
- Issues Across the System
- Ideas for Thriving Families

Help & Support

Map User Guide Play the VoA





First thoughts (8 minutes)

In your breakout room, please share:

- 1. What did you like most?
- 2. What are you curious about?

You will be working in groups of 4, so you have 2 minutes per person.

When you come back, **we'd like 1 representative of the group to report back** on key points discussed.

Enjoy your chat!!



Before the break....play with the map on your own

Open the link - nexial.co/maps/tdf

Find and open and close the 3 panes

Find the tribar menu

Press H, check the Help page and press Esc

Find, click and check the Base Map

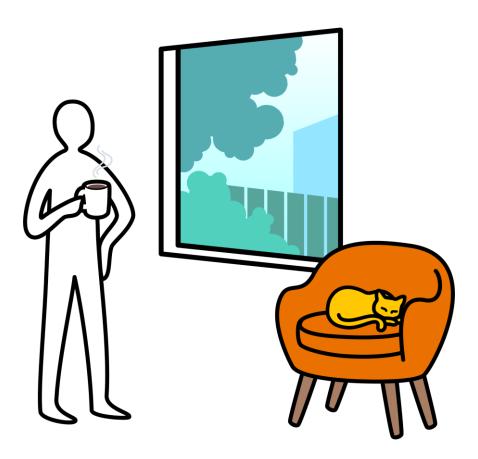
Find yourself in the system map (you might be in more than one place!)



You will have 3 minutes :)



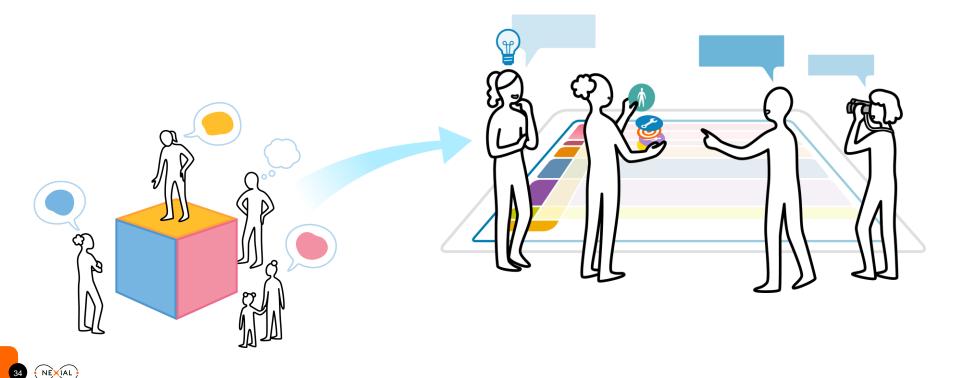
Pause to recharge...

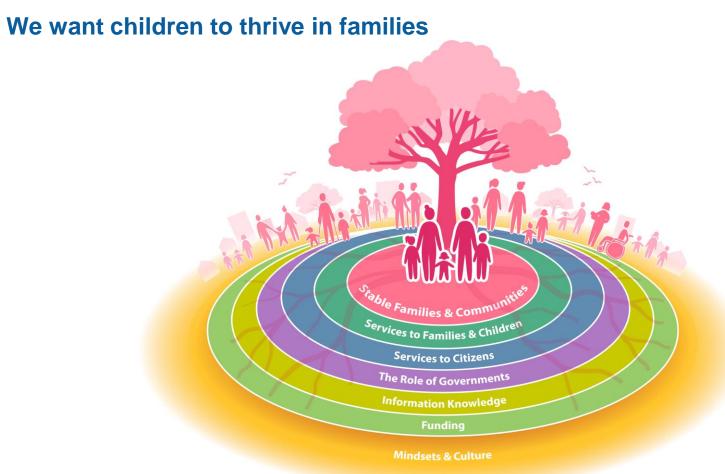




What if...

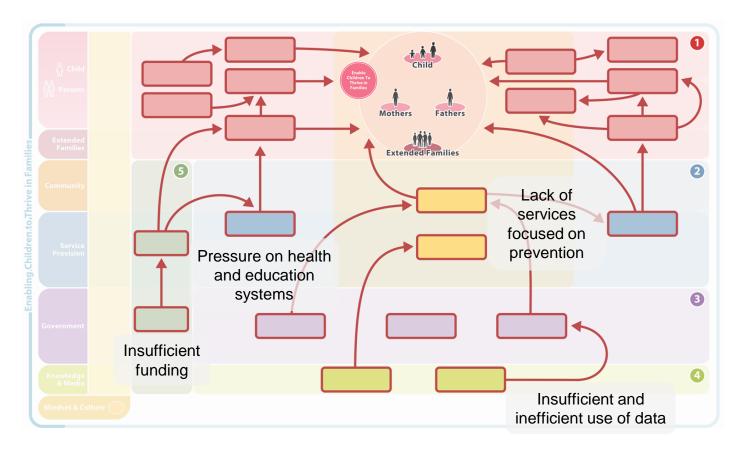
Systems are not set in stone. If they have been designed in the past, we can redesign them in the future!





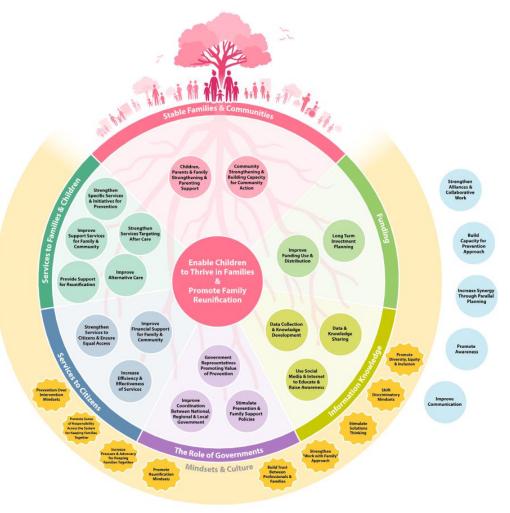


These are just some of the reasons for why this is not happening



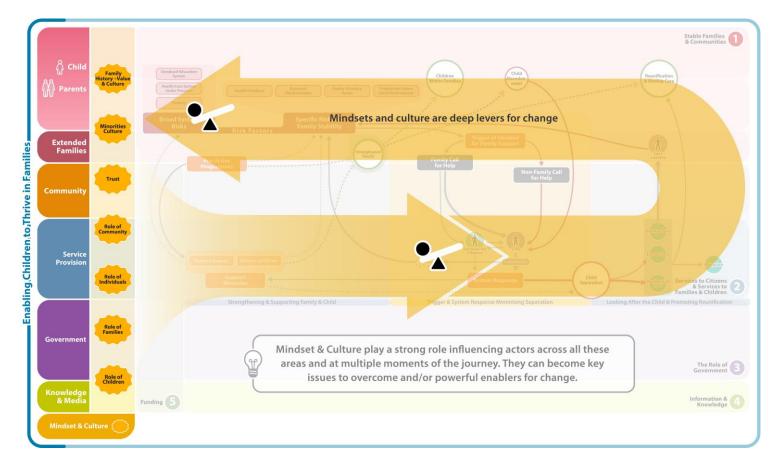
36 NEXIAL

There are many possible solutions





Most of them depend on shifts in mindset



38 NEXIAL

Exercise

NÈXÍAL

These are some of the mindsets that we need to shift to enable more children to thrive within families.

In your groups, select one mindset and discuss:

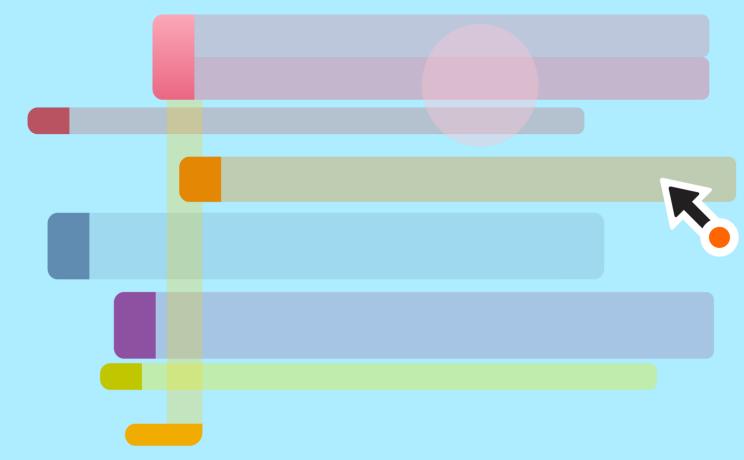
- 1. Why is this not happening?
- 2. What is the connection between this mindset and other areas of the system map?
- 3. What would this look like in practice? Do you have an example?
- 4. How could we make this mindset shift happen?

You have **20 minutes together**. We encourage you to use the Base Map to support your conversation.

We'll reconvene and discuss your ideas as a group.



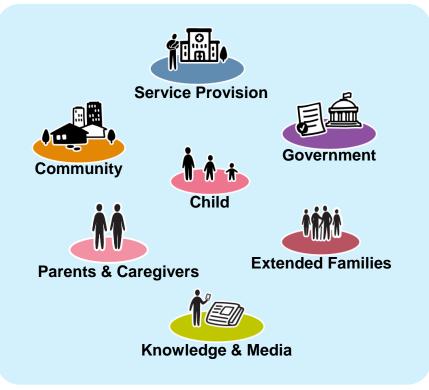
Using the map



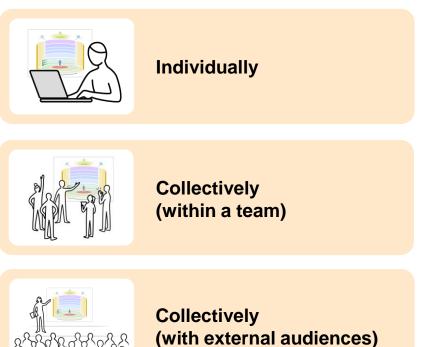
A system map has many possible uses

By different stakeholders...

NEXIAL)



... in different situations...



... for multiple purposes

Work through mindset shifts that need to occur (last exercise)

> Engage parents associations to listen to their lived experience and understand any support needed

Work through interconnections/ interdependencies between sectors

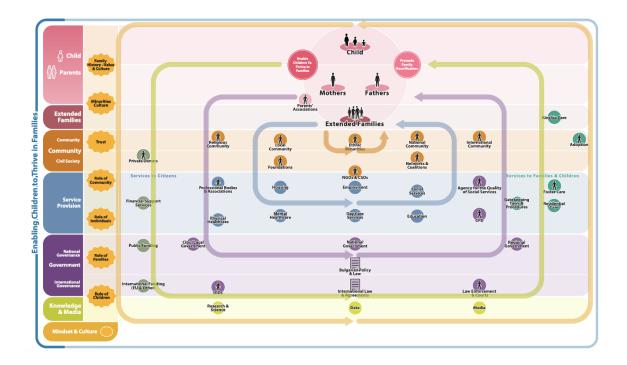
> Explore how to strengthen interventions towards prevention



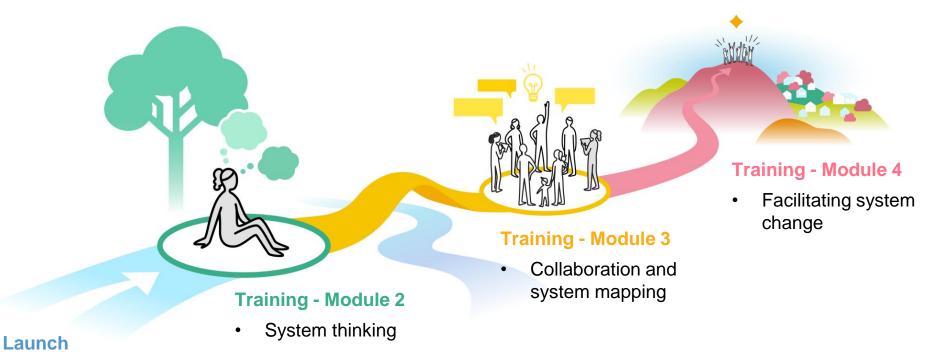
What you could do to help

- Play with the map
- Send us any questions, feedback or suggestions for improvement
- Share with others
- Talk to others about the changes you want to see
- Support the change.

NEXIAL



What's next?



45 NEXIAL

What did you like most about today's session?

- 1. Learning about the project
- 2. Learning about systems thinking concepts
- 3. Watching the video about the system map
- 4. Learning about how to use the platform
- 5. Group discussions during exercises



Thank you!



